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Garden Update

WE HAVE SPROUTS, BLOSSOMS, AND VEGGIES!

We have taken turns since Memorial Day watering, pruning, draining (lack of planning with our pots), and loving on all our new plants and seeds. Each bit of new growth brings excitement. We may be struggling with our potted plants to stay alive but they are pulling through and proving a little love and effort can go a long way. By this time next month we may be showing photos of our crop with peppers,

> tomatoes, strawberries, peas, beans, onion, and parsley :D see what we did there... all the ingredients for our own pico de gallo!

A program of:



These programs and services are made possible with funding from the Community Mental Health of Ottawa County Mental Health Millage.



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Fireworks were invented by the Chinese in Second Century B.C.

FREEDOM

Well with July 4th coming soon, I figured it would be appropriate to focus this article on independence. Well we all know we have free speech, freedom of religion, etc., but perhaps something we don't talk about as much is free will. If you are like me than many times when you think about free will you get depressed. If God gave us free will than how do I know I am not ruining everything he has in store through the pursuit of my own desires? Throughout this article I

will tackle the issues surrounding free will. Often in our religious practices we give God a laundry list of things and expect certain outcomes.

I just watched a YouTube video about praying for God's will vs. our own expectations. It was pretty enlightening. In fact, often in my prayers I can feel when I am straying from something that could be God's will and offering what I want. Not quite as silly as asking for a million dollars, but I can see how my request can effect the world around me, and if it doesn't satisfy other people than it is probably not God's will, because after all God is everything. When you think of your free will it doesn't always have to be compared to God's will. God gave us free will for a reason. He wants us to have self-expression, opinion, etc. How boring would life be if we mimicked God to perfection? There would be no fall of man and their would be no human condition. The struggles we face with our choices wouldn't even exist and there wouldn't be any progress. Yes, with free will there is also accountability. With our choices there are consequences both good and bad. However, God has blessed us with strong hearts and minds to amend our lives to shoot for an ultimate good. He didn't completely abandon us to our own devices.

I should touch on other's free will. Often in this life trouble comes about because the free will of other people are being trampled on. If God himself does not take away someone's free will, who are we to judge their lifestyles and decisions? I wont go into politics, but we have to be mindful when passing judgement that even the almighty would not pass. So it's understandable that free will is complicated. We were given free will, but we need to follow the God that has given it, we were given freedoms but we need to be careful not to interfere with the free will of others, we freely pray to God but may get something completely different from what we pray for. I think we should be grateful our God has given us free will. We can roam the earth in pursuit of whatever we want, we are free to choose who to listen to, and we can decide who and what deserves our attention, resources, and time. We can follow our passions and we can ignore whatever manifests in toxicity with the selection hardware that God has freely given us, our hearts and our minds.



New Staff Member: Halle

In June of 2023, Lakeside Clubhouse welcomed a new staff member Halle. We all asked Halle questions to get to know her more. Here are the Q&A's:

What is your favorite color? Periwinkle

How old are you? 27

What color car do you drive? Black with stickers

What are favorite hobbies? Singing, Binging Netflix, Reading when I can remember. My favorite genre's are Horror and Thriller

What are your favorite foods? Taco's or anything Mexican

How did you hear about the Clubhouse?

Through my professor during internship. My professor got an email from Vanessa W. letting us know the position was opened. I decided to try for it right away.

Halle, we are glad you are here and we hope you have a blast working with us, I know we will have a blast working with you!



The hardest firework color to create is Blue

Recipe of the Month: Strawberry French Toast Bake

PREP TIME	COOK TIME	RESTING TIME BE- FORE BAKING	TOTAL TIME
15 mins	1 hr	2 hours	3 hrs. 15 mins
COURSE	CUISINE	SERVINGS	CALORIES
Breakfast	American	8 people	410
 EQUIPMENT: 9 x 13 Baking Dish Measuring Cups Measuring Spoons 			
INGREDIENTS:			
 1 loaf French Bread (2 10 eggs	14 ounces) cut into 1 in	nch cubes	
• 2 cups milk			
• 1/4 sugar			
• 2 teaspoons vanilla			
1 +			

- 1 teaspoon cinnamon
- 8 oz. cream cheese (cut into 1/2 inch cubes)
- 1 pound strawberries (sliced)

Topping

- 2 tablespoons powdered sugar (optional)
- 1 cup strawberries (garnish optional)

INSTRUCTIONS:

- 1. Lightly grease a 9x13 baking dish
- 2. Combine eggs, milk, sugar, vanilla and cinnamon together
- 3. Layer half of the bread in baking dish. Add half of the strawberries and all of the cream cheese.
- 4. Pour about half of the egg mixture over the top.
- 5. Add remaining bread cubes and sliced strawberries. Pour remaining egg mixture over the top, try to cover all of the bread.
- 6. Cover with plastic wrap and press down lightly on the plastic wrap to lightly compress the bread.
- 7. Refrigerate for at least 2 hours or overnight so bread can absorb the liquid.
- 8. Cover with foil and bake in preheated 350 degree oven for 30 minutes. Uncover and continue cooking for another 25-35 minutes until the casserole has set. Let rest for 10 minutes before serving.
- 9. Sprinkle with powdered sugar and fresh strawberries (optional)

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July 2023

Lakeside Activities

Saturday	1	œ	15 Garage Sales or Thrift Shopping	22	29	
Friday		٢	14	21	28	
Thursday		9	13	20	27	
Wednesday Thursday		ũ	12	19 Employment Dinner 4—5:30 pm	26	
Tuesday		4 Independence Day	11	18	25	
Monday		က	10	17	24 Mini Golf 4—6 pm	31
Sunday		6	G	16	23	30

Lakeside Happenings

Have you been here yet?

Holland, like every other city is growing, new places open up and other's move to new locations. Here are some that have opened up or moved locations this year so far: (Any mention of prices are subject to change and\or might be in accurate due to sales that are not possible to be updated in real time)

Munchies Exotic: This is a small convenience store specializing in foreign snacks (Including the infamous Japanese KitKats. (Highly recommend the Green Tea and Melon) However, due to import fee's and taxes, this store is a little on the high end, but I believe it's well worth it. Average KitKat price \$1.25 for a single one, but \$12 for a 10 piece bag. (Below average you can get online). A Cola brand drink (Recommend the Pear Blossom) is \$8, while another brand might be a little less. However, this is now in Holland, and at least worth checking out. Located on Douglas Ave. near Dutton Park. Their hours vary, but usually open Thurs.—Sunday at 1pm

Bliss Bakery: Located now in Holland on river. I have not personally tried it yet due to time, BUT if you are in need of baked goods and have a Gluten Intolerance, then this is the place for you. Again, I have never been there, but they're Facebook page is showing prices from \$4-\$18, depends on what you want and what size

The Next Chapter Bookstore: Formerly known as Holland Book Mart. The Book Mart moved to Waverly & Chicago Dr. and changed it's name to The Next Chapter. A bit more space, but same great selection

Africa's Child Thrift Store: Sadly, we have to say goodbye to a thrift store favorite, Africa's Child. When asked, they said that the property was bought by a new owner and the rent was too high. Africa's Child was located next to Goodwill on Lakewood Ave. We at Lakeside Clubhouse wish the staff and owners of Africa's Child the best of luck and hope you all do well with your new adventures.

B2 Furniture: Bargain Bins was closed. Various reasons, however the space did not go to waste. Instead B2 Outlet (now located primarily on Waverly & Chicago Dr. next door to The Next Chapter Bookstore) opened the space up to sell furniture and they did not disappoint. They even opened up the store enough to combine the two sections without going into two different stores.

Harvest Health Foods: This is a long time grocery store chain that is opening up here in Holland. Slated to open in December, it will be located on US31 between Michael's and Blaine's Farm And Fleet. It appears to be similar to Nature's Marker and Apple Valley Food's. But we will see, only time will tell :)





Artillery Shell's (check with your State for legality) are the most popular fireworks sold

Clubhouse Committee Opportunities Housing Committee Fundraising Committee Newsletter Committee Lunch Menu Committee (every Wednesday afternoon) Employment Committee Education Committee Community Relations & Advocacy

IMPORTANT UPDATE!!

The Committee Meetings will now take place in the common area right after the afternoon meetings! Ideas, suggestions, and needs are addressed each day.

> Need Assistance? Notepads are on each committee board for you to write a need or concern you would like help with.

Have Ideas/Suggestions

Note cards are on the table in the resource room. Write your idea or suggestion and pin it to the committee board.

Join a committee Add your name to a card and place under the ask me section Volume 3, Issue 6

Lakeside Happenings



Tunnel Park on the 4th Of July!



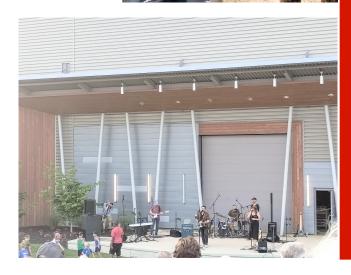


Disc Golf at PawPaw Park





Summer Concert Series at Ridge Point Church



Coin Collecting the final part: Storage and Resources

This is the final part of the coin collecting series. This this part we are going to talk about storing & resources.

Storage: If your collecting Lincoln Pennies, maybe Dimes, Nickel's or National Park &\or U.S. State Quarters, then you can go to pretty much any hobby shop and get the cardboard holders. The only downside to this is, if you want to collect both the Pen. (P) and Den. (D) Mint Quarters, you will ne two. Unlike when they 1st came out, they had spots for both Mint Marks, but now they're designed as a Giant Map of the U.S.

For other coins, such as foreign, Challenge and Novelty coins, you can use a compartment organizer, or you can buy coin capsules to store the coins in. (You can buy shadow box cases too, but those have a tendency to cost upward to \$50+, and if you want to collect a lot, then you have to buy a lot. You can also get your Baseball card style coin sleeves for your coins as well. Though if you plan on selling and trading your coins I would recommend coin capsules because the other options have a tendency to scratch and devalue the coins. Capsules are also easier to put in a box and keep from damage. There are cardboard and plastic, and I would recommend plastic.

Resources: For collecting resources, other than the book Uncommon Valor II: Challenge Coins of the NYPD ESU, there really isn't anything Challenge Coin related in the form of reference, but for anything pertaining to coins in the U.S., there are a lot of books. My favorite is The Red Book Of Coins. It is published annually by the Whitman Coin Company. It's In-between beginner and comprehensive. The book also features coins that are commonly sought after and collected, as well as coins being released the year after the published year. The one thing about this book, is there tends to be a lot of publishing errors, miss-ing/duplicate pages, but those are also sought after collectors items. There is also the sister book, not published as much called the Blue Book Of Coins from the same company.

The Bluebook Of Coins is info on current prices the dealers will buy. Just because your Gold Dollar is worth \$4,000+ doesn't mean a dealer is going to buy it for that. They got to be able to make a profit to stay in business. The latest one now list's Trade Paper, but also unlike The Red Book Of Coins, the pages are in Black & White.

Finally, the internet. There you can search around for Coin Clubs (local and\or online) You can also ask around about a club in your community, or start one of your own. Some coin shows (there is a monthly one in Grand Rapids, MI), you can also meet other buyers\sellers who are also collectors

Coin Capsules



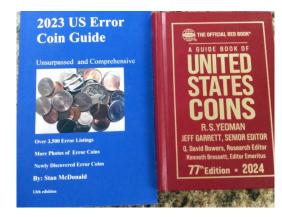
National Parks Quarter Collector folder



Pocketed coin holder. A.K.A. Baseball card style holder for coins



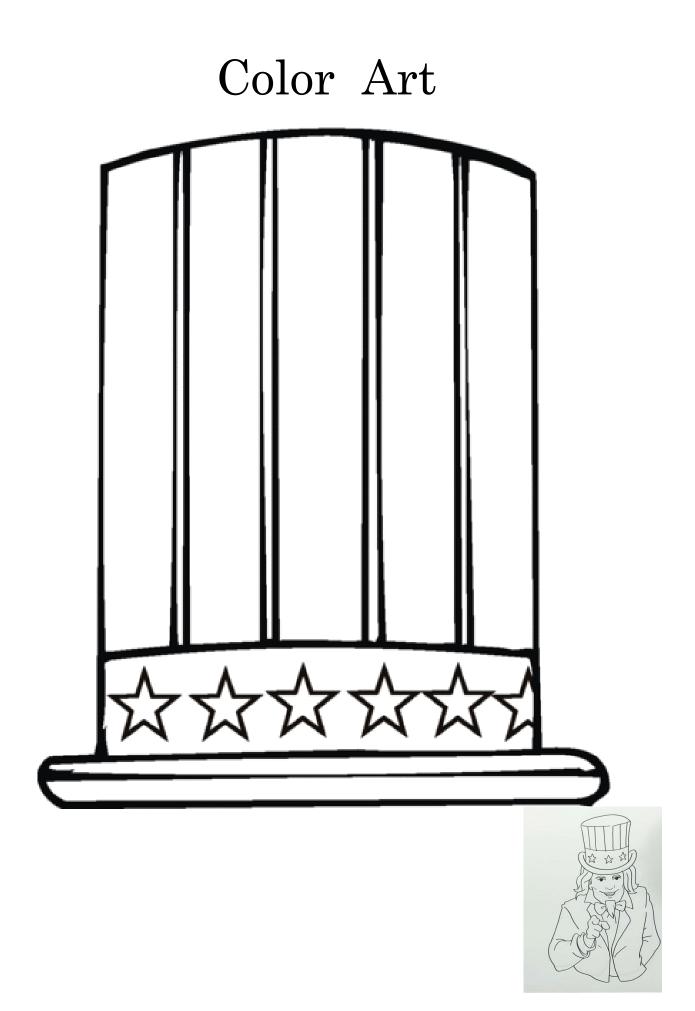
Red Book Of Coins and 2023 Error Coin Guide



Sectioned Storage Container



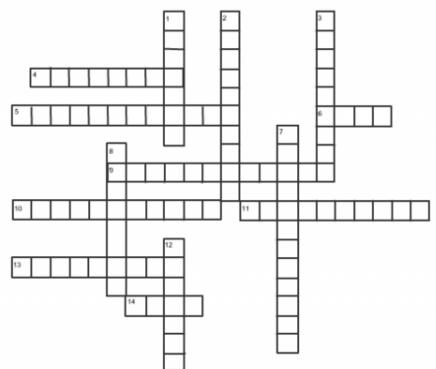
A Pyro technician (person in charge of fireworks for shows and events) makes at least \$57,000\year. Might be higher during the 4th of July



Largest firework to be set off was in Feb. 2020 in Colorado and was an artillery shell firework weighing in at a whopping 2,880lbs! It measured approx. 62 inches in diameter (more than 5ft!)

Puzzle

Independence Day Crossword Puzzle



Down:

Across:

 the state of being free within society the group of people with the authority to the govern a country or state; a particular ministry in office

3. a loss entailed by giving up something law determining the fundamental principles

of a government

a device containing gunpowder which used for display or in celebrations.

12. marked by active interest and enthusiasm

practices that are handed down from

past by tradition

a formal public statement

6. a piece of cloth used as the symbol or emblem of a country or institution

the fact or state of being independent.

10. the date on which an event occurred in some previous year

causes spectacular effects and explosions 11. love of country and willingness to sacrifice

for it

13. behave as expected during of holidays or

rites

14. The sevent month of the year



July Birthdays

Trevor—17 Julie F—21 Nancy W.—21 James I.—27



Lakeside Clubhouse

490 Century Lane Suite 400 Holland, MI 49423

Phone: 616-965-8380 E-mail: lakesideclubhouse.info@gmail.com Text to Donate: text LSclubhouse to 50155

Svea Fireworks and Sør-Tre have the world record for the longest fireworks display with 540,382 individual fireworks lasting a total of 90 minutes. The show was put on to celebrate the 200th Anniversary of the Norwegian Constitution.

